



Present perfect continuous /present perfect + since/for + time

She is playing table tennis since 2012.

They are waiting for you for the last 5 hours.

Neelam has been loving you for the last 7 years.

We have been knowing Mr. Gupta for the last 5 years

Pr perfect cont /pr perfect/pr ind/past ind + for + duration

I have been playing cricket for 5 years. [stress on action]

I have played cricket for 5 years. [stress on completion of time]

I played cricket for 5 years.

I play cricket for 5 hours daily.

Pr perfect cont /pr perfect/pr ind/past ind + for + duration

I have been reading novels for 2 years. [stress on action]

I have read novels for 2 years. [stress on completion of time]

I read novels for 2 years.

I read novels for 2 hours daily.

Pr perfect cont /pr perfect+ since + point of time

She has been playing tennis since 2012. [action continue]

She has played 120 matches of tennis since 2012.[action complete]

Ranveer has been working on these 3 movies for the last 3 months.

I have been reading these 30 novels for the last 3 months.

Sachin has been playing 300 matches for the last 15 years.

I have played cricket since 2007.

I have played more than 300 matches since 2007.

I have read more than 20 novels since 2007.

Present perfect tense can be used with since without action completion hint in case of linking verbs, stative verbs and action without result.

I have known him since 2007.

He has been with us since 2007.

He has lived here since 2007.

He has been living here since 2007.